



Chaire
Autodétermination
et Handicap

SELF-DETERMINATION AND SUPPORT FOR PEOPLE WITH INTELLECTUAL DISABILITIES

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Cirris





Chaire
Autodétermination
et Handicap

Polyhandicap

Intellectual disability

Autism

Housing

Social, educational and
socioprofessional inclusion

Promotion of rights and
citizen participation

Mobilisation of knowledge and social innovations

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Themes

Projects

Training

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About





Self-determination is an innate tendency in every human being, manifested by the will to exercise influence over its existence, independently of its mode of communication or the supports required for its situation, and guided by its own needs and aspirations.

Inspired by Shogren, 2015



**Exercising one's
self-determination
facilitates access to
one's social
participation
and quality of life.**

Inspired by Shogren, 2015

This process can be facilitated or hindered by both individual and environmental characteristics, as well as by the interaction between them.

Supporting someone with a focus on self-determination requires adopting a committed approach and employing practices that foster the development of the individual's capacity to act within their environment.

Inspired by Shogren, 2015





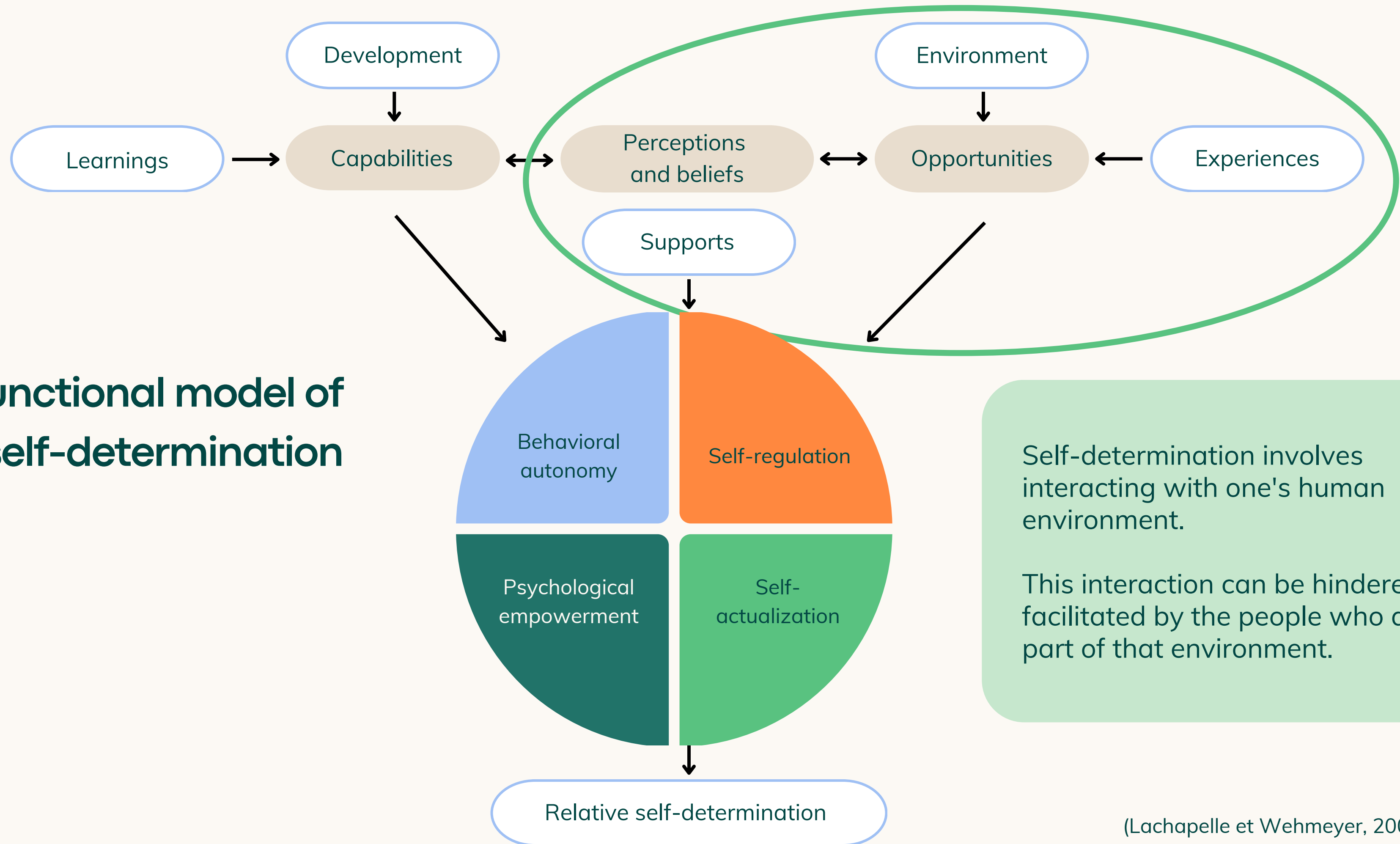
**An environment that
meet needs ...**

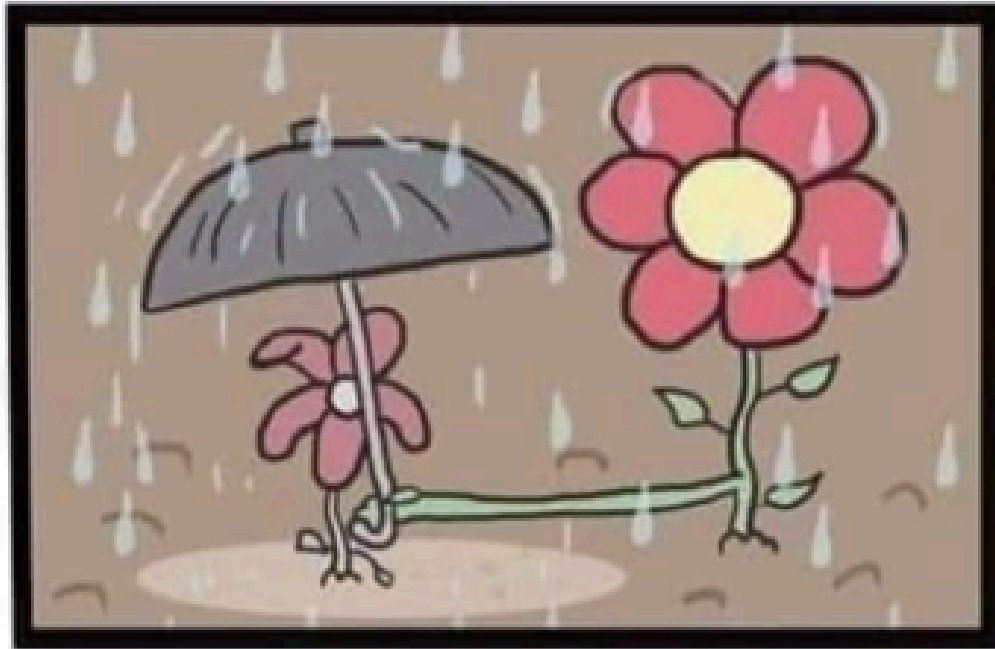
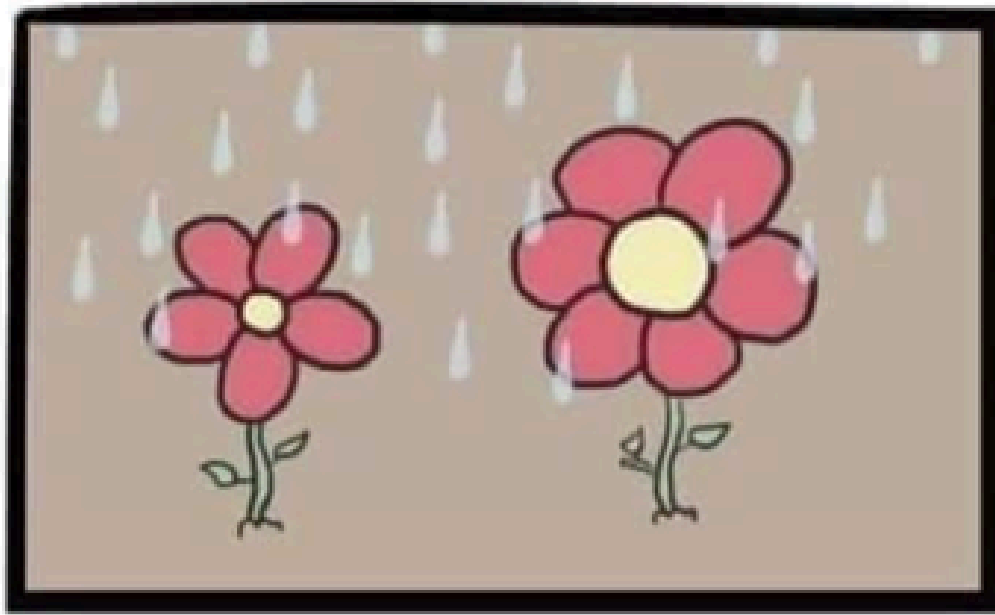
... of competence

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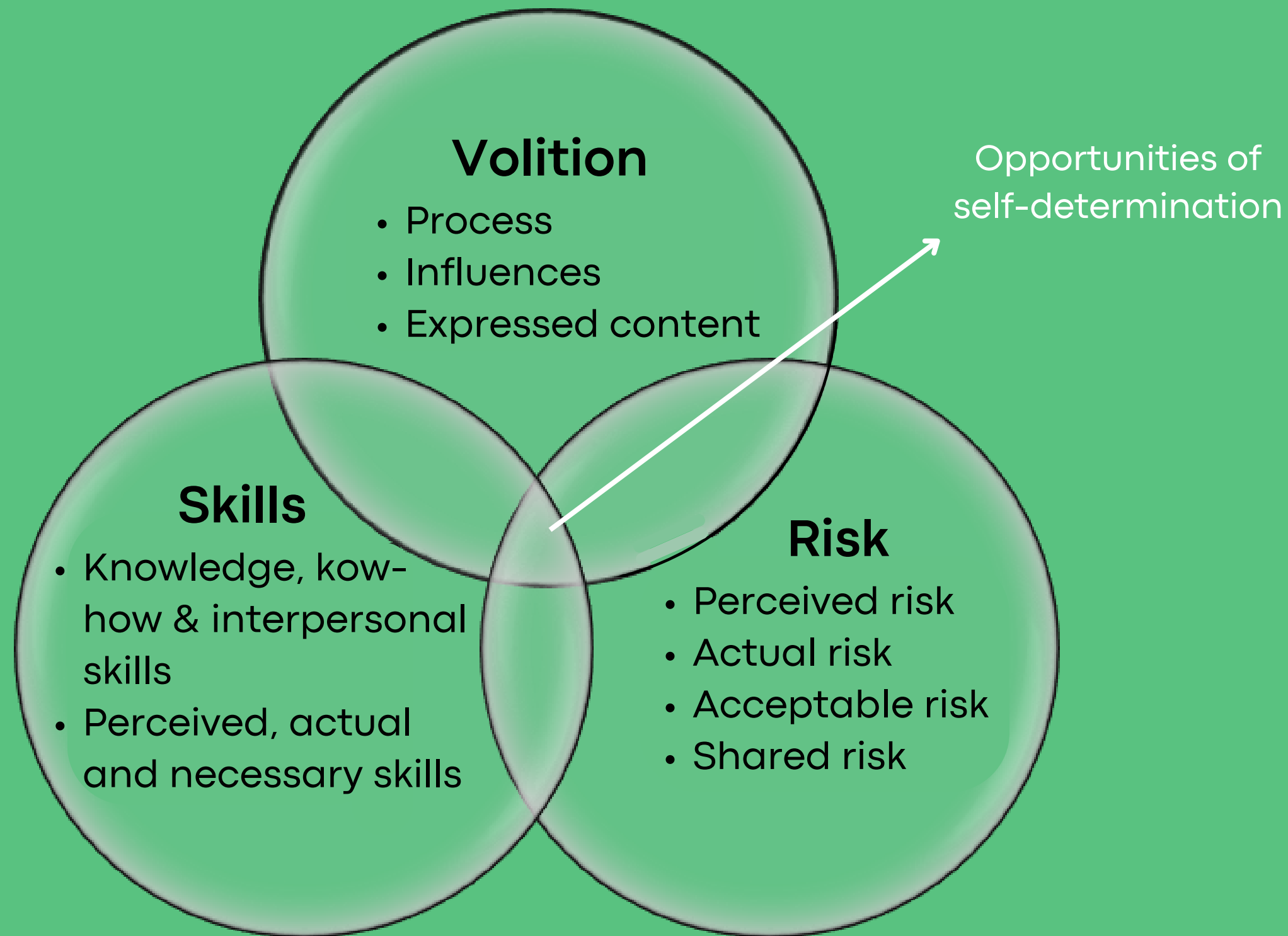
Functional model of self-determination





Issues :

Risk management



Les dimensions de l'intervention auprès de la personne (Caouette, 2014)



4 TYPES OF RISK

Perceived risk

- The first risk that comes to mind!
- It is a subjective risk that is specific to the person.
- At this level, taking the initiative is often discouraged.

Actual risk

- This type of risk is more objective. Here are some questions to ask:
 - Are the risks greater for this person than for another?
 - What is the probability that this risk will occur?
 - Does this risk have serious consequences?

Acceptable risk

- It is the level of risk that allows for self-determination!
- To make the risk acceptable, we can promote the learning of new skills or adapt the environment.

Shared risk

- It's important to have a supportive network and to share the acceptable risks of a situation.
- We need to take responsibility for the risk together, without trying to assign blame if something goes wrong.

Thank you!
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